

dementia adventure®

Dorset

Magdalen Farm—Jurassic Coast

Holiday for people with Young Onset Dementia only

5 days, Monday to Friday

Price: £680 per person

Dates for 2018: 3–7 September

NEW

The Location

Set in the heart of Dorset between Chard and Crewkerne lies Magdalen farm. An organic farm and a member of Care Farming UK, the accessible centre here was converted from old farm buildings is set around a landscaped courtyard. The coastal town of Lyme Regis opens out onto the dramatic Jurassic Coast with fossil hunting at Charmouth.

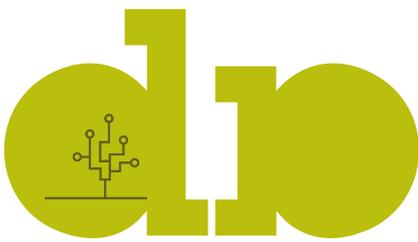
Your Accommodation

The Centre at Magdalen is set around a courtyard and provides a variety of warm, cosy and bright spaces for our use. There are eight bedrooms, each of which has its own bathroom next door. Beds are Adult sized bunks, with plenty of space to allow everyone to use the bottom bunks. The bedrooms are very flexible for families, and we are keen to involve children in the holidays at Magdalen if possible.

The dining room is nice and bright with trestle tables and chairs. At one end are comfortable sofas and a games corner. Doors from the dining room access the courtyard—great for the summer.

The food here is great, with the team cooking all meals using ingredients direct from the farm or from local producers. The centre provides access for the less mobile with ramps and large doorways. It also has a “Changing Place” shower and toilet facilities. Wi-Fi access is available.





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Your itinerary

Day 1:

Our holiday begins at 1pm today with an introduction to the site and facilities, a safety talk and lunch together before settling into our bedrooms and unpacking. This afternoon we will organise a Magdalen Orienteering Challenge which will help us get to know the site. Then we will meet the animals and feed the pigs, before enjoying a bit of free time before supper. Tonight, we can get the campfire started!

Day 2:

After a cooked breakfast this morning we will get involved either outdoors with feeding the chickens and other animals, or indoors with making the sandwiches for lunch, before the team introduce us to some hands-on farming which may involve harvesting produce, digging, weeding, feeding more animals or undertaking other duties around the farm. After a well-earned break for lunch, we'll have a Survival in the Wild session in the woods, learning some bushcraft. Then it's pig feeding and free time before a hearty Supper. This evening we could show a movie on the upstairs projector, or get the campfire started again.

Day 3:

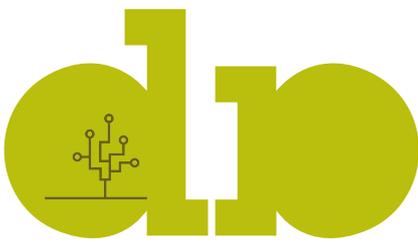
After a continental breakfast we get out to take care of some of the animals, before leaving the site for a spot of fossil hunting at Charmouth Beach, a 30-minute drive away. Then we'll have some lunch (fish and chips anyone?) at Lyme Regis before enjoying paddling at the beach—sand or pebble, it's your choice! Late afternoon, we'll leave the town and the beach to head back to Magdalen Farm for supper, after which we have a choice of activities like craft making from natural found objects.

Day 4:

After a cooked breakfast this morning we'll get involved in the daily ritual of feeding the animals or preparing to feed ourselves preparing sandwiches for lunch. Then we have an exciting morning of river dipping and raft boat racing planned—prepare to get wet!! After lunch we'll visit a local deer sanctuary a short drive away. After the evening animal feed, we'll have some free time before our final supper.

Day 5:

After a quick continental breakfast, we'll get out onto the farm to say goodbye to the animals and take part in some summer fete games to round off the week. Then we'll finish the morning by making our own pizzas to cook in an outdoor cob oven for lunch, before bidding our fond farewells at about 1pm.



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What's Included?

- All meals and soft drinks, tea and coffee whilst at the centre.
- Accommodation in multi-occupancy rooms with adjacent bathrooms.
- Entrance fees and tickets.

What's Not Included?

- Travel insurance is advised in case of cancellation or curtailment due to illness.
- Personal care—if you are not self-caring, the person who comes with you will need to be able to do this for you. There is a gold standard 'changing place' here. We may be able to buy in personal care on a daily basis from an external agency. There are laundry facilities here.
- Travel from home to Dorset, although this can be arranged for you at an extra cost.
- Pick-ups from Crewkerne station can be easily arranged at a small cost, and train travel with special assistance can be a very convenient way of getting here.
- Alcoholic drinks (you are welcome to bring or buy your own drinks during the week, and there is a small pub less than a mile away).

Things To Bring

- Sturdy walking boots or shoes
- Warm layers of clothing
- Wash kit and toiletries
- Waterproof jacket
- Swimming kit and a small towel for the beach
- Sun screen and hat, scarf and gloves
- Water bottle

How Much Does The Holiday Cost?

Prices are **£680 per person**. If you need further advice about funding please call us or visit **www.dementiaadventure.co.uk**.

How To Book?

Please call us on **01245 237548** or email **info@dementiaadventure.co.uk**. We will go through an assessment process over the phone and ask you about your abilities, interests and expectations, ensuring we do everything we can to support you in taking part. We look forward to seeing you on this break!

Please read this in conjunction with our group holiday terms and conditions.

